

Attention Veterans! Do you have PTSD? Trouble sleeping? **Are you a female?** You may be eligible to help us test different medications to see if they can help women Veterans with PTSD and sleep problems.



A research study, “**National Adaptive Trial for PTSD related Insomnia**” (NAP) is seeking women Veterans with **PTSD** or **PTSD Symptoms**

So far, no medication has been shown to specifically treat insomnia (trouble sleeping) in individuals with PTSD. This study is trying to learn whether taking medications trazodone, eszopiclone, or gabapentin will help decrease symptoms of insomnia. The study will last almost 6 months if you are eligible and agree to participate. If you are eligible and decide to enroll, you will receive study medications for approximately 12 weeks and be asked to come in or do phone follow-up visits.



VA | U.S. Department
of Veterans Affairs

National Study Chair:
Dr. John Krystal
Local Site Investigator:
Dr. Joseph Westermeyer

For more information about this study, contact the study staff at : 612-670-7869